



YENEPOYA

(DEEMED TO BE UNIVERSITY)

Recognized under Sec 3(A) of the UGC Act 1956
Accredited by NAAC with 'A' Grade

UNNAT BHARAT ABHIYAN

Ministry of Human Resource development (MHRD), Government of India has launched a programme “Unnat Bharat Abhiyan” aiming to connect the higher educational institutions to the villages around for transfer of knowledge to enrich rural India.

In view of the same, following five villages of Dakshina Kannada District were adopted for “Unnat Bharat Abhiyan Programme” by Yenepoya (Deemed to be University)

Sl. No.	Villages
1.	Kumpala
2.	Harekala
3.	Pavoor
4.	Ambedkar Nagar, Chembugudde
5.	Sajipa Nadu

The following activities conducted at adopted villages.


ATTESTED

Dr.Gangadhara Somayaji K.S.
Registrar
Yenepoya(Deemed to be University)
University Road, Coralakatte
Mangalore- 575 018, Karnataka

Direct Health & Development
Yenepoya University
Mangalore-575 018

Household survey for Unnat Bharat Abhiyan at Someshwar Panchayath: Total of 688 houses were surveyed.



ATTESTED

Dr. Gangadhar Gowayji K.S.
Principal
University of Applied Sciences,
Mangalore - 575 001, Karnataka.

Unnat Bharat Abhiyan activity in adopted village, Kumpala

Observance of “International day against drug abuse & illicit trafficking” on 26th June 2019 by Rural Health care and Development Center, Yenepoya (Deemed to be University)

Organized by: Department of Rural Health Care and Development Centre

Total No. of Beneficiaries: 65

Incharge:

Dr. Thanseef, Medical Officer

Mrs. Sweekritha, MSW staff

Beneficiaries: 9th and 10th std students of Kumpala Government school

Brief summary:

Dr. Thanseef delivered a session for students of Government school at Kumpala village on occasion of observance of **International day against drug abuse & illicit trafficking**. The session focused on hazards of drug addiction, risk factors of drug addiction and curb this evil in the Stress management among the adolescents



strategies necessary to society. Importance of and assertiveness skills was also highlighted.

ATTESTED

Dr.Gangadhar Gomayaji K.S.
Yenepoya(Deemed to be University)
Mangalore- 575 018, Karnataka

**Unnat Bharat Abhiyaan activity in the adopted village, Sajipanadu,
Mangalore, Dakshina Kannada, Karnataka**

**Directorate of Rural health Care and Development in association with
Departments of Dermatology, Ophthalmology of Yenepoya Medical College
and Hospital and Public Health Dentistry, Yenepoya Dental College
organized**

Health check - up and health talk on personal hygiene for Students and

ATTESTED



teachers of Government school at Sajipanaduon 27.06.2019 and 28.06.2019

Total No. of Beneficiaries: 500

Specialists who attended the camp:

Dr. Poonam Naik, Deputy Director(DRHCCDC), YU

Dr. Rekha Shenoy, HOD, Public Health Dentistry, YDC

Dr. Mohd. Thanseef, Medical officer, department of RHCCDC, YU

Dr. Raif, Medical officer, department of RHCCDC, YU

Dr. Lokesh, Medical Officer, department of RHCCDC, YU

Dr. Maqbool, PG, department of Dermatology, YMCH

Dr. Anagha, PG, department of Dermatology, YMCH

Dr. Shama, PG, Department of Ophthalmology, YMCH

Beneficiaries: Sajipa Nadu School students and teachers

Brief Summary:

The camp was conducted on 27th and 28th June 2019 by Directorate of Rural health Care and Development along with departments of Dermatology and Ophthalmology of Yenepoya Medical College and hospital and Public Health dentistry department of Yenepoya Dental College. After the inaugural function, steps of hand washing were demonstrated to the school students. Doctors examined and treated the beneficiaries. Blood grouping was performed for all the beneficiaries.

ATTESTED



Dr. Gangadhara Somayaji K.S.
Registrar
Yenepoya (Deemed to be University)
University Road, Deralakatte
Mangalore- 575 018, Karnataka



**Unnat Bharat Abhiyaan activity in the adopted village, Kumpala,
Mangalore, Dakshina Kannada, Karnataka**

ATTESTED

Dr.Gangadhar Remayaji K.S.
Rector
Yerapoya(Doc) Sree Siddaganga University
University Road, Deralakota
Mangalore- 575 018, Karnataka

WORLD NO TOBACCO DAY OBSERVATION AT LAKSHMI GUDDE

Organized by: Department of Rural Health Care and Development Centre

Topic: WORLD NO TOBACCO DAY 2019 (Theme: Tobacco and Lung health)

In-charge:

Dr. Poonam Naik

Deputy director, Department of RHCDC

Dr. Srinivas Patel

Medical officer, Department of RHCDC

Other members:

Mrs. Dhanalakshmi (Zilla Panchayath president)

Mr. Gajanadagatty (Grama Panchayath gowravadshya – Honorable president)

Mr. Sathish Kumpala

Beneficiaries: Residents of Lakshmi Gudde

Total number of beneficiaries: 50

Brief summary of the talk:

Talk was on **World No Tobacco Day** which is celebrated on every 31st May.

The theme for 2019 was tobacco and lung health. Talk was to give awareness on how smoking and non -smoking forms of tobacco are harmful and have deadly effects on health. Second hand smoke exposure and complications of usage of tobacco products like Lung cancer, Oral cancer, Chronic respiratory disease, Asthma, Tuberculosis, Air pollution, Stroke, Heart diseases etc. were also addressed in the session.



Unnat Bharat Abhiyaan activity in the adopted village, Kumpala, Mangalore, Dakshina Kannada, Karnataka

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**Directorate of Rural health Care and Development in association with
Chathrpathi Shivaji friends club organized Special Outreach Camp at
Lakshmi Gudde, Kumpala on 02.06.2019**

In-charge:

Dr. Poonam R Naik

Deputy director, Department of RHCDC

Dr. Srinivas Patel

Medical officer, Department of RHCDC

Beneficiaries: Residents of Lakshmi Gudde

Total number of beneficiaries: 82



Brief summary of the camp:

A team comprising of specialists from RHCDC and Dermatology Post-graduates and Interns, Ophthalmology Post-graduates and Interns, Lab Technician and Attender conducted the camp. The doctors examined and treated the beneficiaries. The beneficiaries were screened for Diabetes Mellitus and hypertension. Laboratory investigations like random blood sugar and blood grouping were conducted. Treatment of common ailments was conducted.

**Unnat Bharat Abhiyaan activity in the adopted village, Kumpala,
Mangalore, Dakshina Kannada, Karnataka**

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**Directorate of Rural health Care and Development in association with
Department of Pulmonary Medicine, Yenepoya Medical College and Hospital,
Deralakatte organized
Special Outreach Camp at Chethan Nagar, Kumpala on 16.05.2019**

Date:16.05.2019

Specialists who attended the camp:

Dr. Preethi Raj Ballal- Faculty, Pulmonary Medicine, YMCH

Dr. Muhammed Fazil- Junior Resident, Pulmonary Medicine, YMCH

Other Staff: Ms. Rajini- PFT technician, Mr. Kushalappa- Yoga trainer

Brief summary of the camp:

Camp was conducted by a team comprising of Medical officer, 2 Pulmonary Medicine specialists and yoga trainer.

The beneficiaries were screened for chronic obstructive pulmonary disorder by conducting clinical examination and Pulmonary function tests and referred to YMCH for further evaluation and management.

Yoga trainer gave health education on benefits of yoga for patients with COPD



Pulmonary Medicine outreach camp

Distribution of school bags and umbrella under Unnat Bharat Abhiyan

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Organized by: Department of Community Medicine, Yenepoya Medical College, Yenepoya (Deemed to be University) on 15/08/2019 between 9:00 am and 11:00am at Higher Primary School, Rajagudde, Harekala

Faculty in-charge: Dr. Abhay S Nirgude, Professor and Head, Dr. Poonam R Naik, Professor and Nodal officer, Unnat Bharat Abhiyaan and Dr. Akshaya K M, Associate Professor, Department of Community Medicine

Members present: Postgraduates, Interns and Medical Social Workers from Department of Community Medicine, Members of Gram Panchayat, Harekala and local public.

Beneficiaries: 139 students from 1st to 7th standard

As a part of Independence Day celebration, school bags and umbrellas were distributed among students of Higher Primary School, Rajagudde, Harekala by the Department of Community Medicine, Yenepoya Medical College funded by Unnat Bharat Abhiyan and Yenepoya (Deemed to be University). The programme started with flag hoisting and march past by the students. After which Dr. Akshaya addressed the gathering and talked about the social initiatives under Yenepoya (Deemed to be University). This was followed by distribution of bags and umbrellas of appropriate sizes to all the students. The program concluded with vote of thanks by the Principal and felicitation of Dr. Abhay S Nirgude and Dr. Akshaya K M.



**Unnat Bharat Abhiyan activity in the adopted village, Kumpala, Mangalore,
Dakshina Kannada, Karnataka**

Health Checkup Camp In Chethan Nagar Kumpala

In Association with : Navachethana Friends Club, Kumpala

Date: 30.01.2020
2.00 pm

Time: 10.00 am to

Venue: Chethan Nagar Anganavadi

In-charge:

Dr. Poonam Naik, Deputy Director

Dr. Lokesh

Dr. Jumana

Medical officers, Department of RHCDC

Other members:

Dr. Madhuri (Ophthalmology PG)

Dr. Ashiq(Intern)

Dr. Vesta (Intern)

Mrs. Shaini (MSW staff)

Mrs. Cynthia (staff Nurse)

Mrs. Nirmala (Lab technician)

Mr. Gururaj (Attender)

Beneficiaries: Residents of Kumpala

Total number of beneficiaries: 115

Brief summary: Camp was conducted in association with Navachethana Friends club, Chethan Nagar, Kumpala.

Department of Rural Health Care and Development Centre and department of Ophthalmology conducted general health check up. There were around 115 patients who came for the camp. Out of which 59 specs was given for free of service offer ophthalcheck up.

Water filter and tub was given to Anganavadi, Kumpala by RHCDC department through Dr. Poonam Naik


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Mrs. Shantha Supervisor of Anganavadi was honored during the ceremony

Mr. Vinod Kumpala president of Nava Chethan Friends club organized camp successfully.



ATTESTED

Dr. Gangadhar Komayaji K.S.
Rajeshwar
Yenepoya (Deemed to be University)
University Road, Deralakatte
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PROGRAMME ON PLASTIC FREE :

Organized by: Department of Rural Health Care and Development Centre

Date:02.10.2019

Time:11.00 am to 1.00 pm

Venue: Someshwar Grama Panchayath.

In-charge:

Dr. Srinivas Patel

Medical officer, Department of RHCDC

Beneficiaries: Residents of Someshwar, Kumpala

Total number of beneficiaries: 50

Brief summary of the programme:

The programme was on plastic free village campaign under Swachh Bharat Abhiyaan. Information was given about hazards of single use of plastics, usage of cloth bags instead of plastic bags and hazards of plastic on environment. Cloth bags were distributed among the Panchayath members as well as the people who attended the programme. The programme ended with providing information on Act on usage of plastic bags.



ATTESTED
[Signature]

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RHCDC
Yenepoya(Dental College University)
University Road, Deralakatte
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Unnat Bharat Abhiyan activity of plastic free villages in the adopted villages of Yenepoya (Deemed to be University)

Yenepoya (Deemed to be University) conducted plastic free campaign in the 05 villages adopted under Unnat Bharat Abhiyan. There are approximately 4000 households in these 05 villages. The following activities were conducted in the five adopted villages viz. Kumpala, Chembugudde, Sajipanadu, Harekala and Pavoor

- i. Distribution of cloth bags
- ii. Collection of plastic bags
- iii. Creating awareness in the households and neighboring shops about the environmental hazards of using plastic

Distribution of cloth bags Observation of plastic free campaign on 2nd October 2019 at Panchayat



ATTESTED

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Dr.Gangadhar Demayaji K.S.
Rector
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Distribution of cloth bags



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Collection of plastic bags

Group photographs of activity in the villages



ATTESTED

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Reg.
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Rural Health Development
Yenepoya University
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